

David Winston

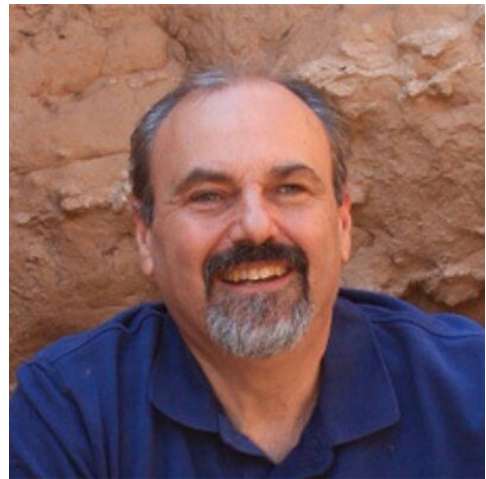
Herbalist, Teacher, Native Healer

Join internationally known herbalist David Winston, RH(AHG) for an exceptional day of exploring plant wisdom in Arab, Alabama.

Saturday, August 15, 2015

Topics:

**Herbs for Pain, Depression and Anxiety,
Uncommon Uses for Common Plants**



New Canaan Senior Center
2506 U.S. Highway 231 South, Arab, AL 35016

Time: 9:30 a.m. - 5:00 p.m.

Cost: \$125.00

Lunch: On your own

***Reserve your spot by phone or email - 256-931-0351 or
info@phyllisdlight.com***

David Winston, an internationally known lecturer, author, and ethnobotanist, is the founder of Herbalist & Alchemist. For almost 40 years, David has been studying, practicing, teaching, and researching Cherokee, Chinese, and Western herbal medicine. David has helped educate Herbalists, Physicians, Nurses, Naturopathic Physicians, Veterinarians, and Nutritionists in the art and science of clinical herbal medicine since 1980. He has one of the largest private herbal research libraries in the U.S. David has authored hundreds of articles and a number of books on herbs.

David is one of the founding members of the American Herbalists Guild, the first professional herbalist organization in the U.S. to certify clinical herbalists. He is a member the AHG's Professional Admissions Review Committee. David has also been a member of the Review Committee for the Botanical Safety Handbook, which is a significant resource for the entire botanical industry, from manufacturers to researchers.

Presented by the Appalachian Center for Natural Health / Phyllis D. Light, RH